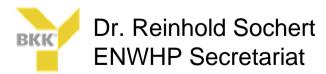


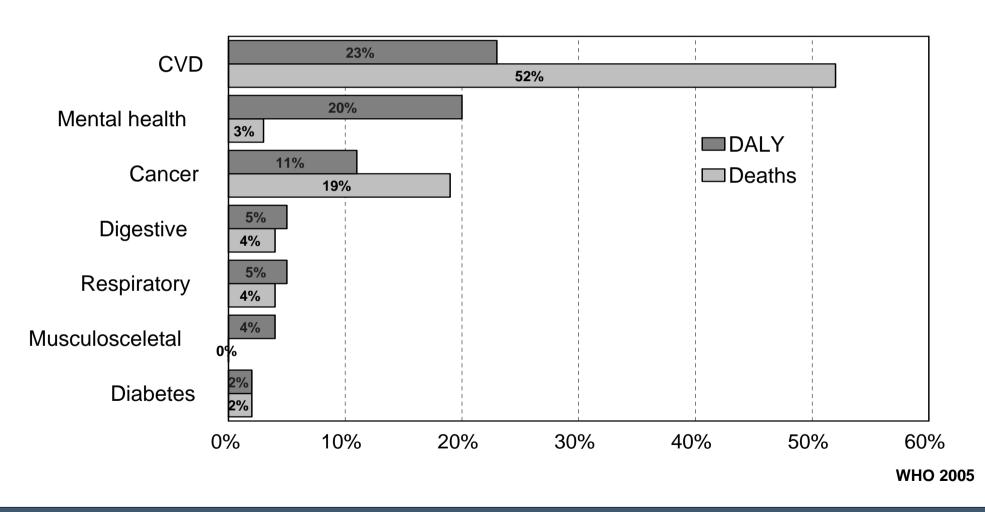


# Working Life on the Move: Nutrition, Fitness and Well-Being





### **Burden and Deaths from Chronic Diseases**

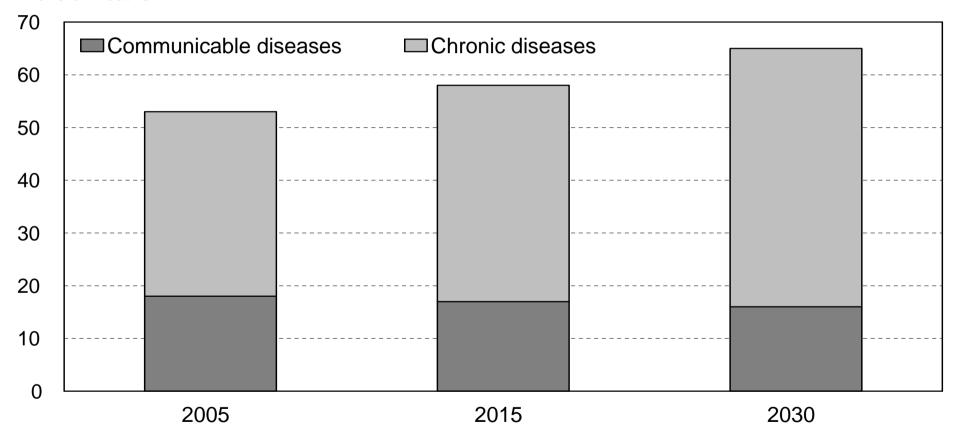






# **Trend in Mortality**

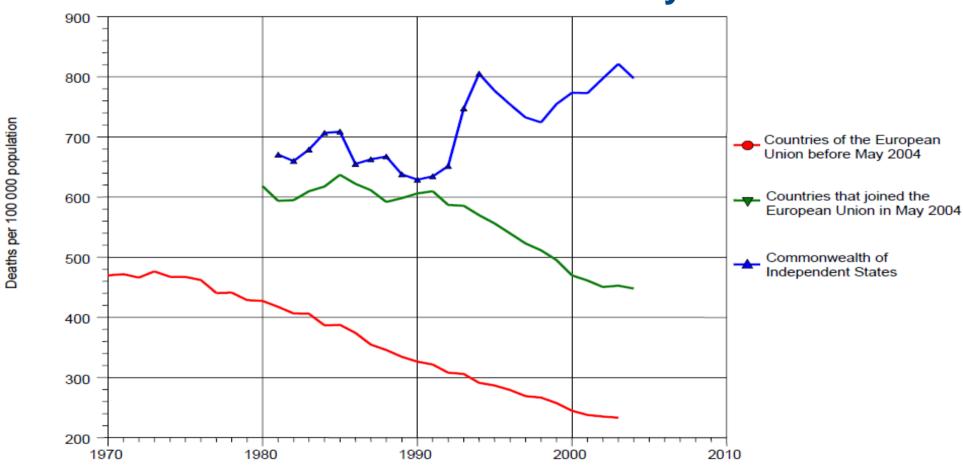
#### Millions of Deaths



**WHO 2005** 



# **Trends in CVD Mortality**



Source: European health for all database [online database]. Copenhagen, WHO Regional Office for Europe, 2006 (<a href="http://www.euro.who.int/hfadb">http://www.euro.who.int/hfadb</a>, accessed 18 August 2006).



### **Chronic Diseases and Associated Risk Factors**

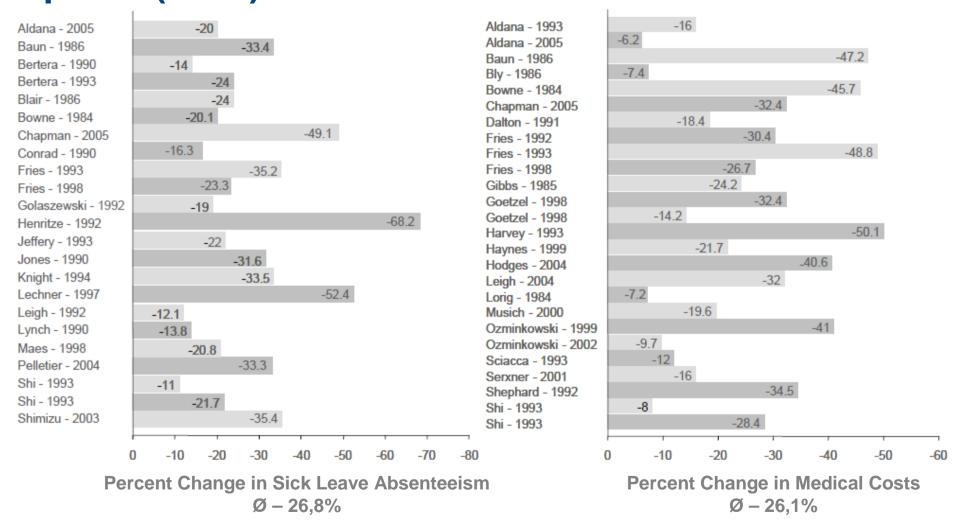
	Modifiable risk factors				Intermediate risk factors		
Chronic diseases	Diet	Physical inactivity	Smoking	Alcohol	High pressure	High blood cholesterol	Obesity
Heart disease, stroke		•	•	•	•	•	٠
Cancer	•		•	•			
Diabetes	•	•			•		
Respiratory disease					•		•

Source: Own illustration according to World Economic Forum / PricewaterhouseCoopers Health Research Institute Analysis, 2007 and World Health Report 2004





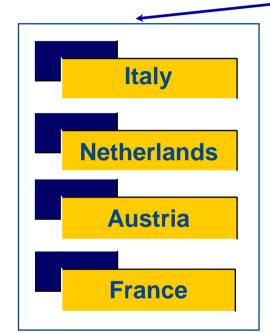
## Chapman (2005): Results of Meta - Evaluation

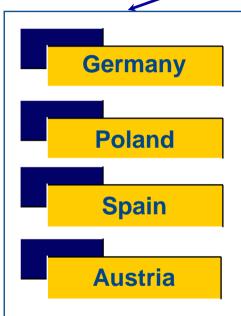




### Healthy Employees in Healthy Organisations

### **Breakout Sessions**









### Matti Ylikoski

Hospitals / focus on physical activity and healthy diet

#### Christa Sedlatschek

Transport and industry sector/ comprehensive approach

#### Theodor Haratau

Retail / Restaurants and manufacturing / focus on physical activity and diet

#### Fabrizio Stracci

Manufacturing and communication sector / focus on smoking prevention