

# H&S moves a sustainable economy

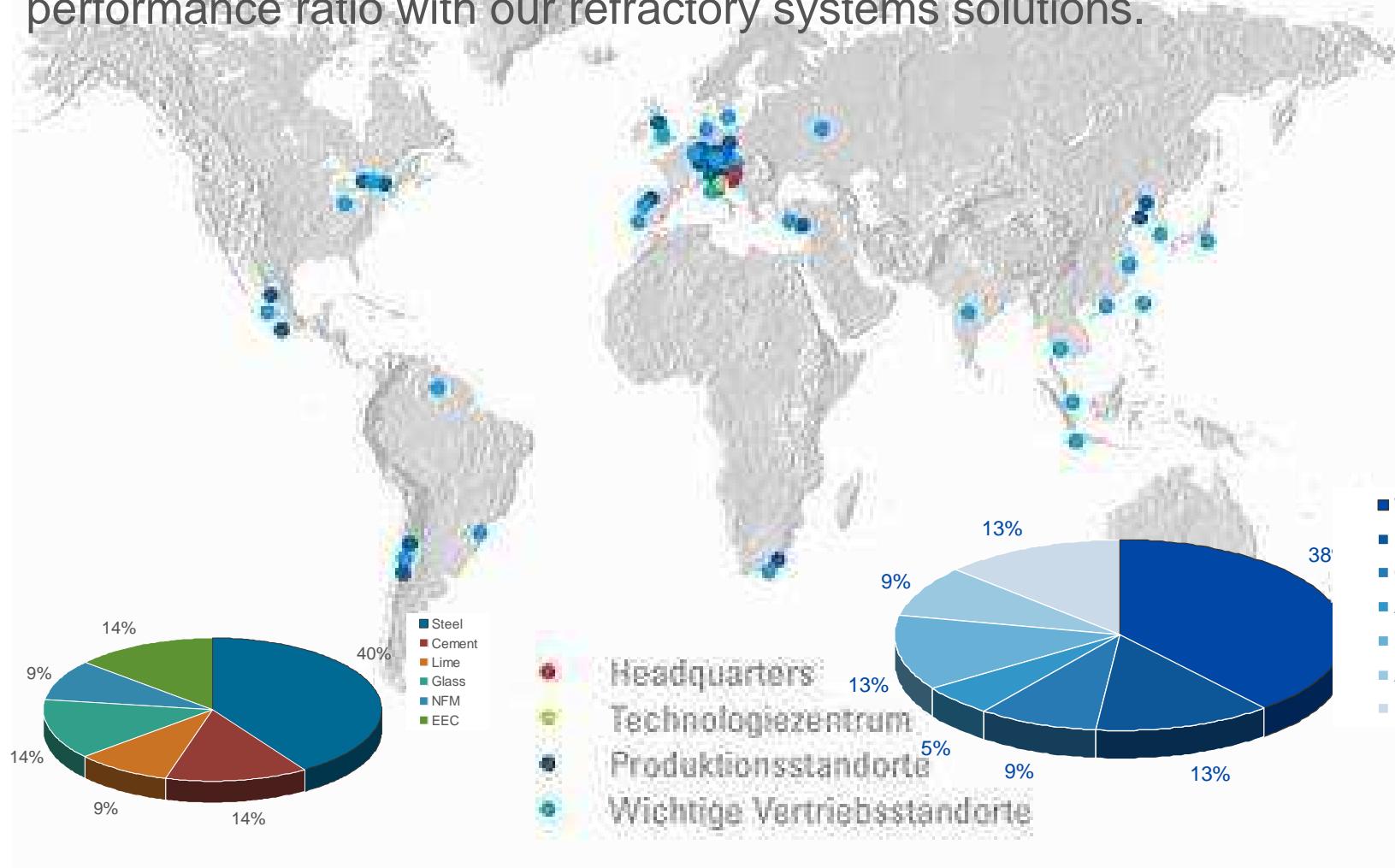
RHI, Andrea Freundl, Magistra, industrial psychologist



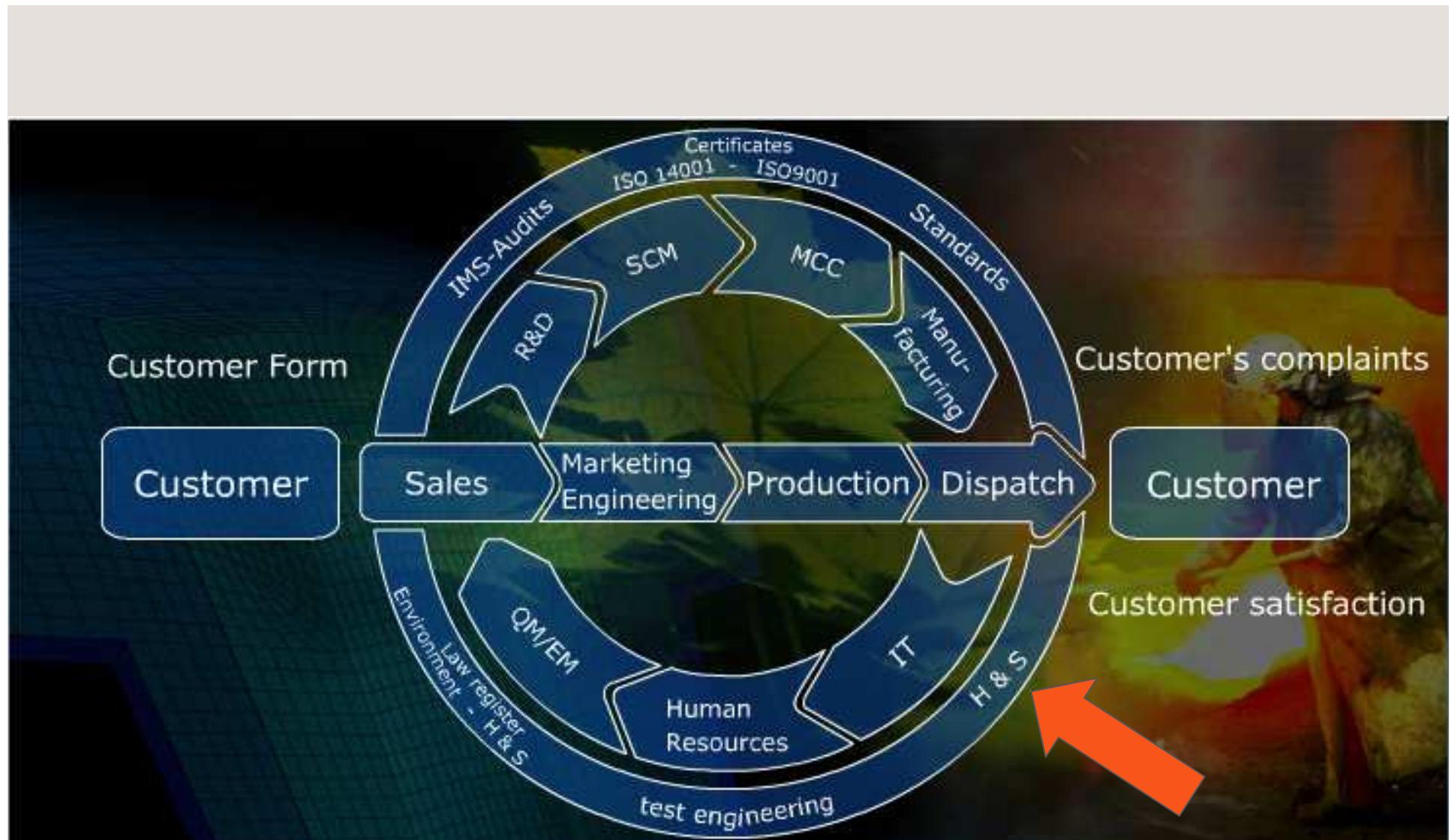
# Global partner for global customer



RHI is the world's leading supplier of high-grade ceramic refractory products and services. As a reliable and competent partner it is our constant aim to add value to the processes of our customers by achieving the best price-performance ratio with our refractory systems solutions.



# Integrated Management System



## **History of health promotion at RHI AG**

- 1987 start with Cholesterol Screening
  - 1989 Haemoccult Screening
  - 1990 health-passport for the employees
  - 1995 health management
  - 2000 H & S Management
- .....



## **History of health promotion at RHI AG**

In former days:

Once and never again actions

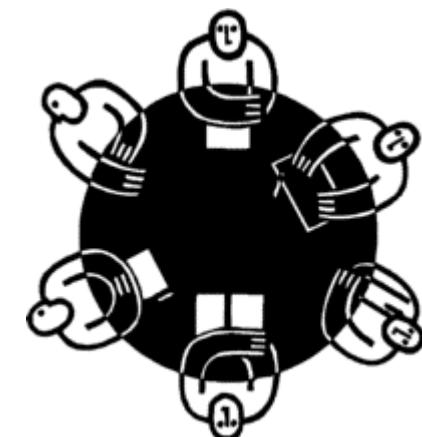
Unsystematic

Efficiency not examined



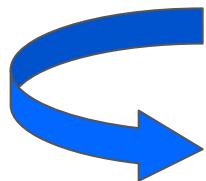
**TODAY:**

**Integrated and holistic model for Improvement of the efficiency, health and motivation of the co-workers**

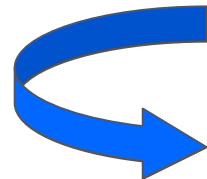


## Basic conditions

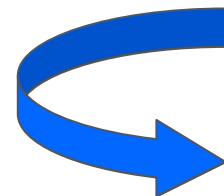
Occupational Health



Health Promotion



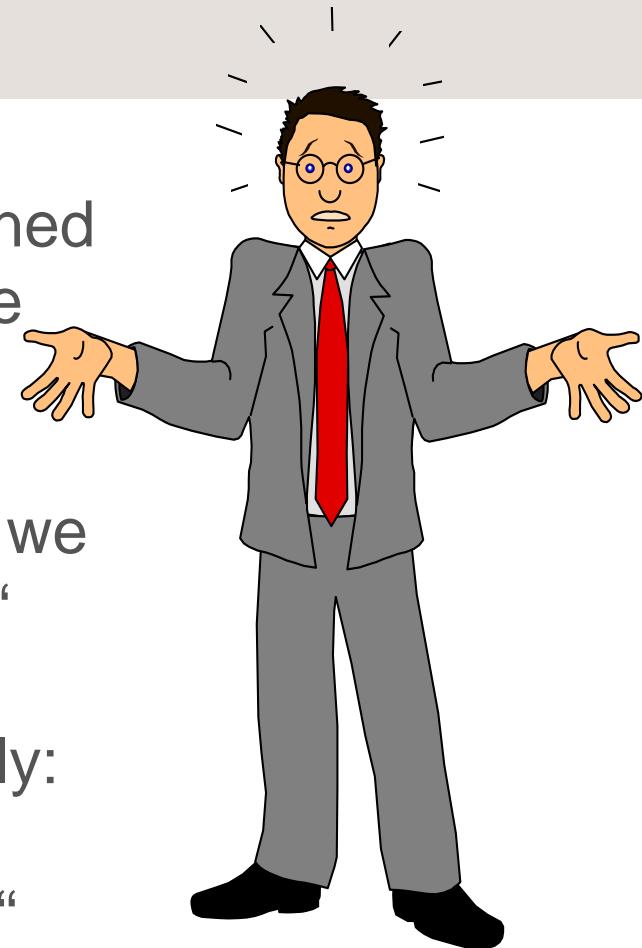
Health Management



Human Resources  
Management

## Change of paradigm

The co-worker has learned  
to ask: „What makes the  
people sick in the job?“



We ask now: „How can we  
stay healthy in the job?“

We must ask additionally:  
„How can we promote  
health in the company?“

## Health Management RHI

- Health circles
- Age Management
- Stress Management
- Young people – for future profitable
- EGIS, Evaluations extern and intern
- Projects: PSA Screening (men), skin screening (Melanoprevention), INFORM
- Healthy nutrition – RHI Menu
- Addiction Prevention
- Reports to the Manager of the company (brochures, intranet, roxtra, mails, special flat screens, boards, meetings)





# Health circle



RHI

## Improvement suggestions

Emphasis	Measures	Evaluation
Die Arbeitsbedingungen werden verbessert <b>conditions of work</b>	PC-Bildschirmabdeckung – Gefahr, Zugluft im Jausenraum Schleiferei	2 Verbesserungsvorschläge <b>50 %</b> umgesetzt
Die Arbeitsorganisation wird verbessert <b>work organisation</b>	OPEX Maßnahmen	
Die Gesundheit am Arbeitsplatz wird gefördert <b>Health on the job</b>	Heizung Bereich ZKM, Rauchverbot wurde im Jausenraum E-Schmelze nicht eingehalten, Staubbelastung beim Förderband Mischerei	3 Vorschläge <b>66 %</b> umgesetzt
Die Information und Kommunikation werden verbessert <b>information &amp; communication</b>	Evaluierungsprojekt Lehrlinge – Projekt im Laufen	1 Vorschläge <b>100 %</b> umgesetzt
Persönliche Kompetenzen werden gefördert <b>personal authority</b>	z. B. Schulungen zum Thema Erste Hilfe,	1 Vorschläge <b>100 %</b> umgesetzt
Die Sicherheit der Arbeitnehmer wird verbessert, dadurch Arbeitsunfälle verringert <b>Industrial safety</b>	Verbandskasten – Sopr. wurde besser angebracht, PSA im Bereich E-Schmelze verbessert, Pressenkran Mischerei – Türensicherung, bessere Schutzbrillen in der Mischerei, Brandschutz im Säurekeller – Exgeschützte Beleuchtung	5 Vorschläge <b>80 %</b> umgesetzt

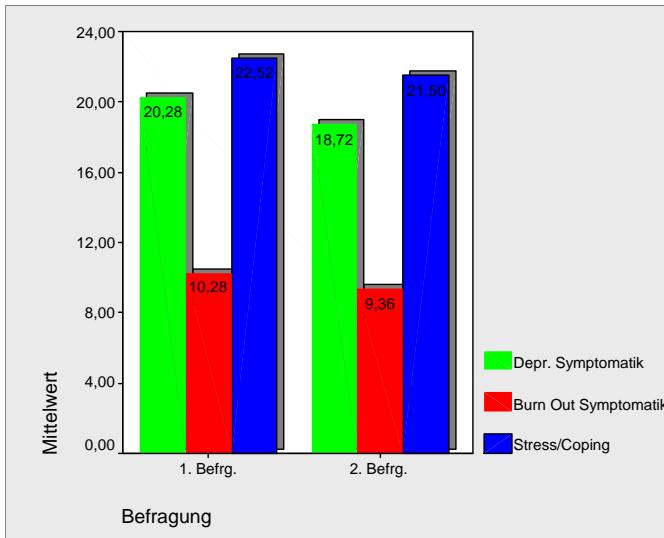
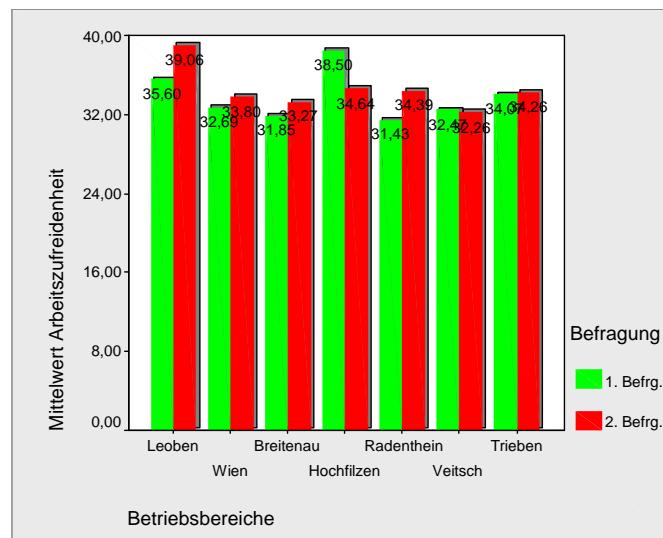
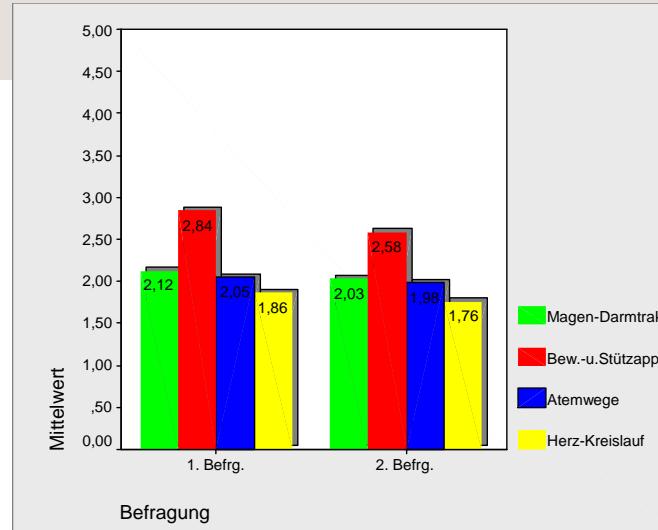
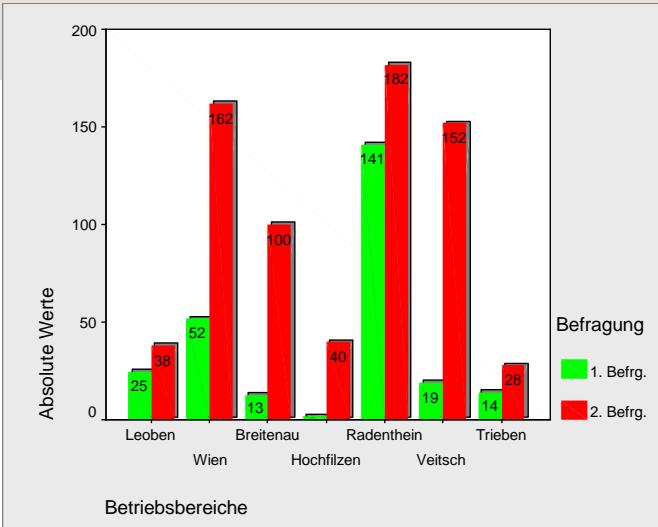
# Annually Health Report



# External evaluation (every 5 years)

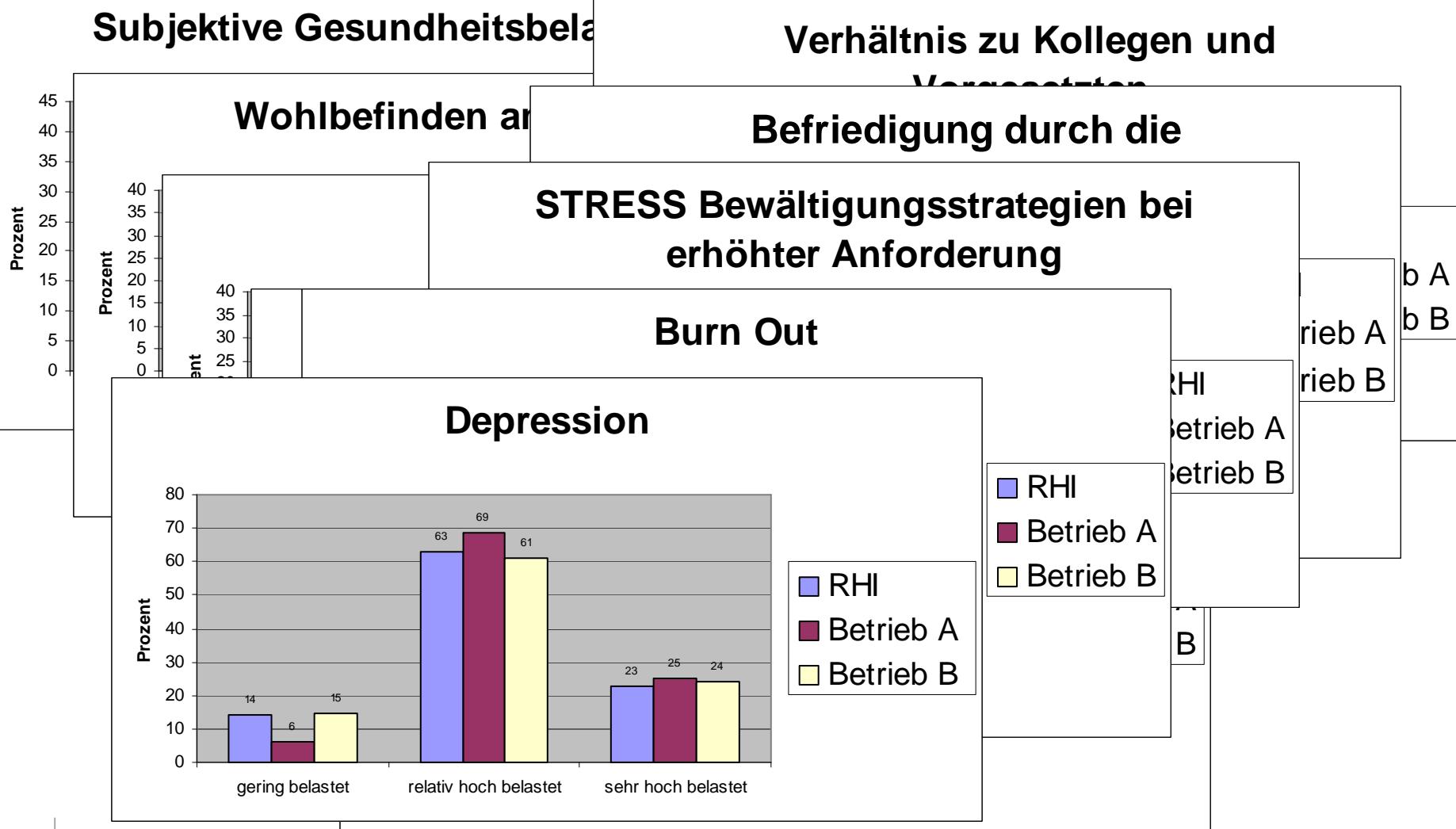


## Benchmark

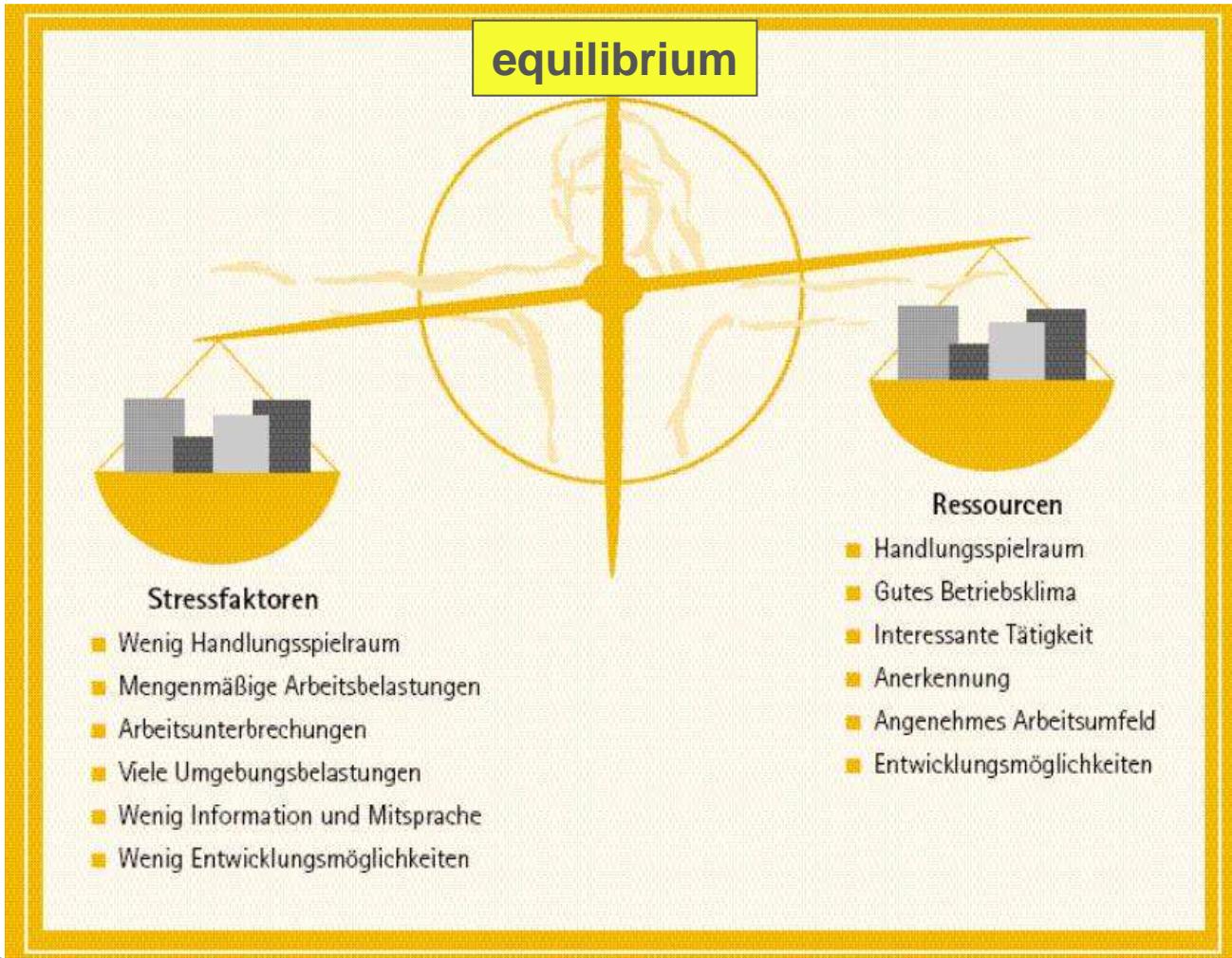


# Psychosocial working place loadings

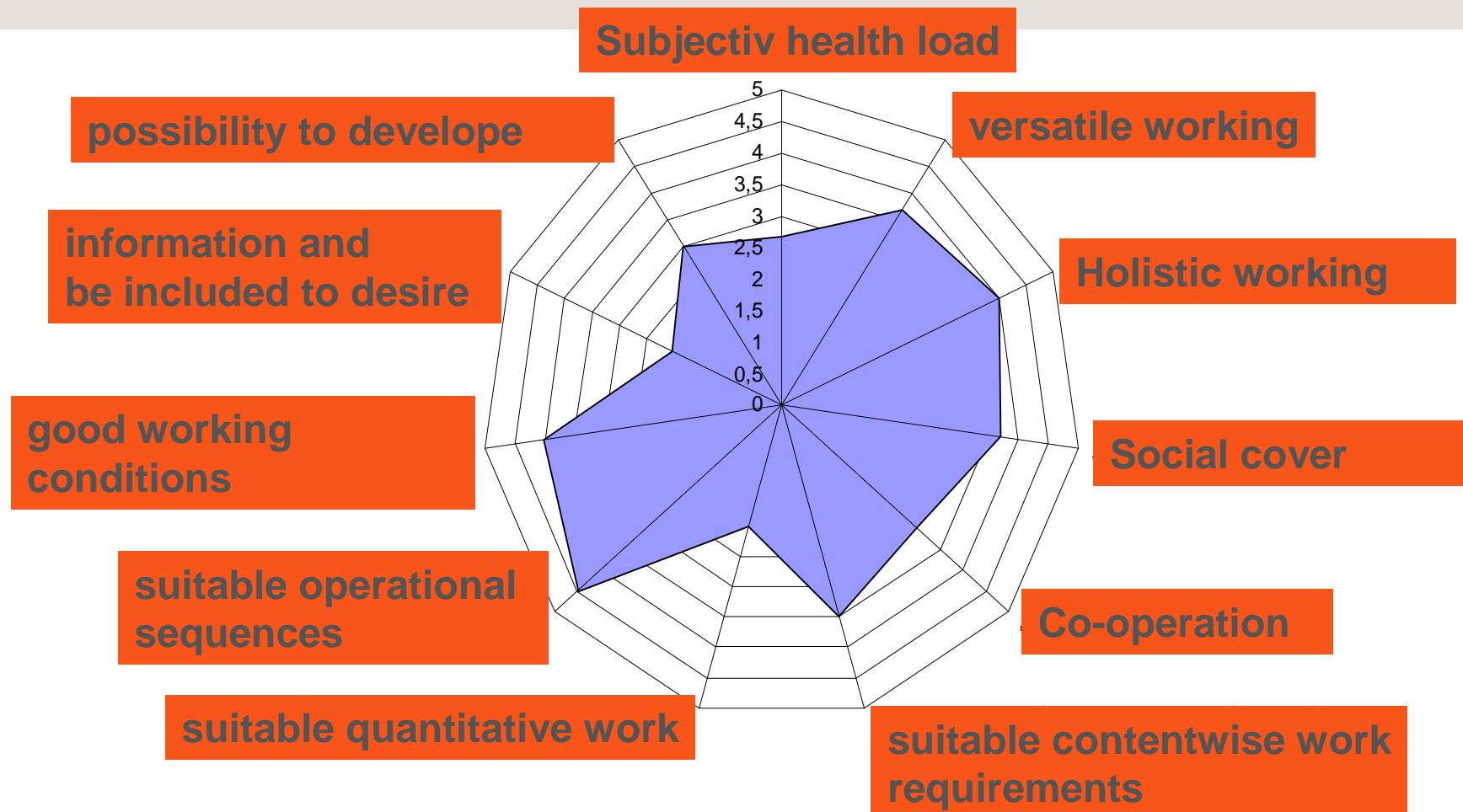
RHI



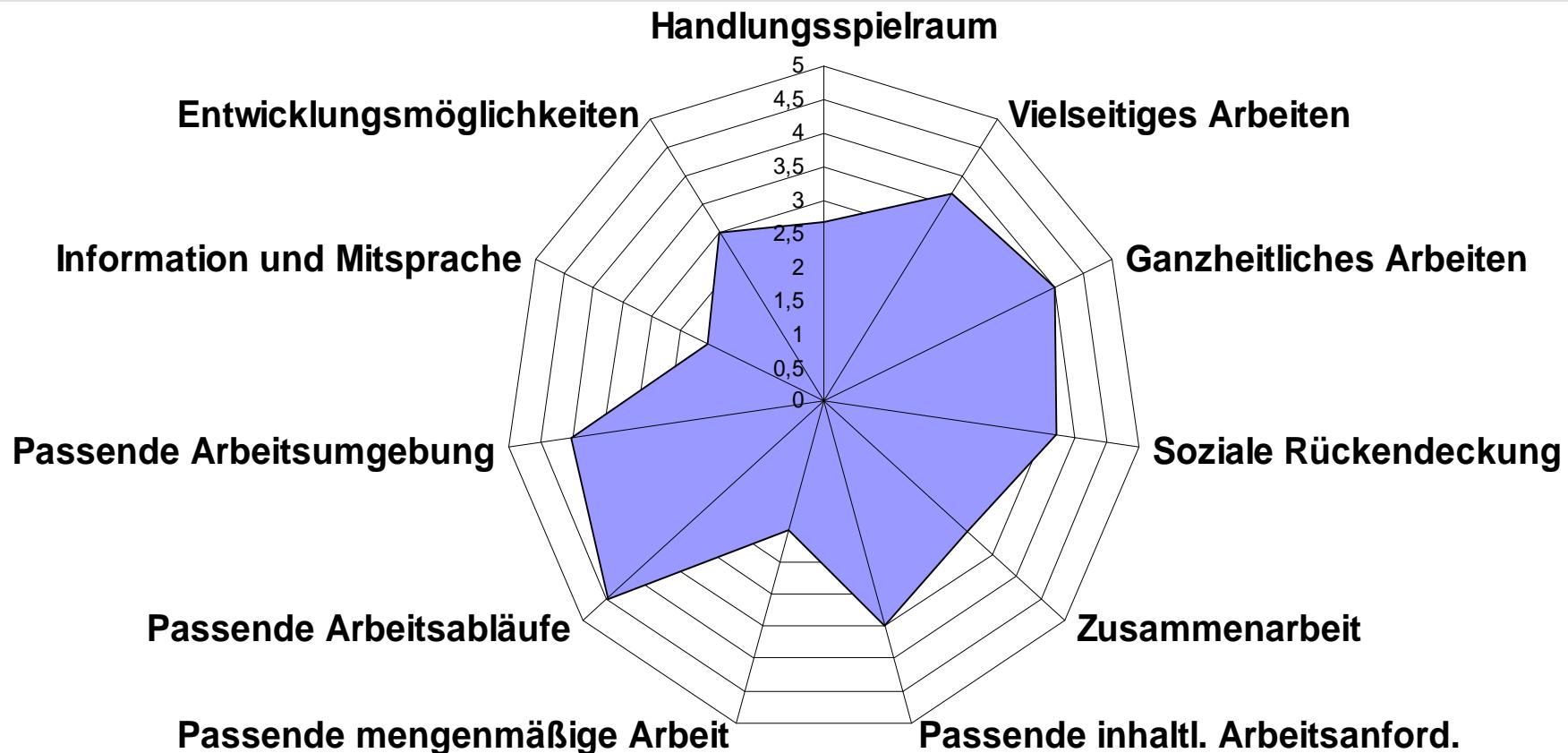
## Stress factors – and resources analysis in departments



# Stress Management



# Stress Management



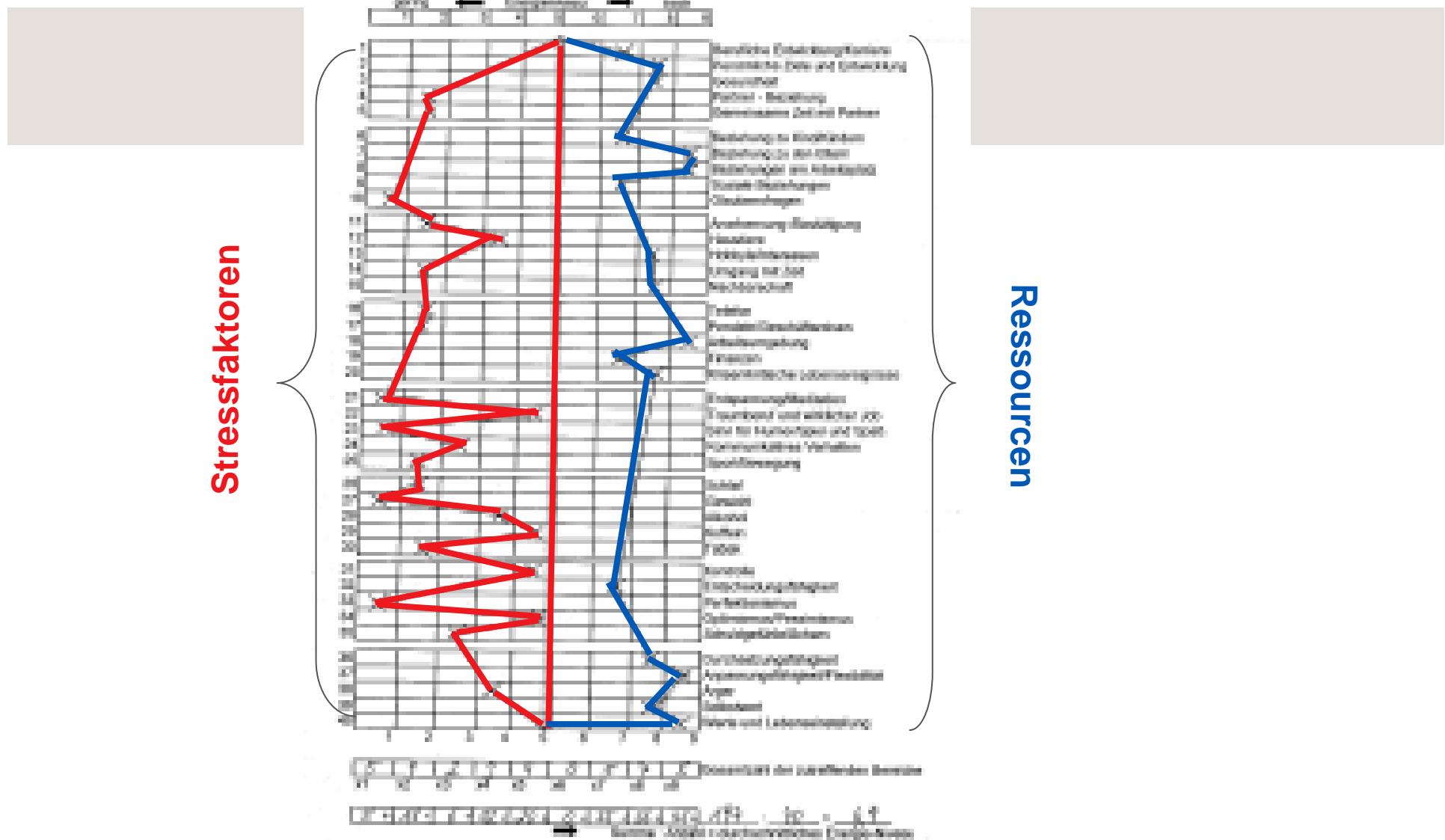
## Stress Management

### Stresstests (Biofeedback):



# Lebensqualitätsindex

## Lebensqualitäts-Index



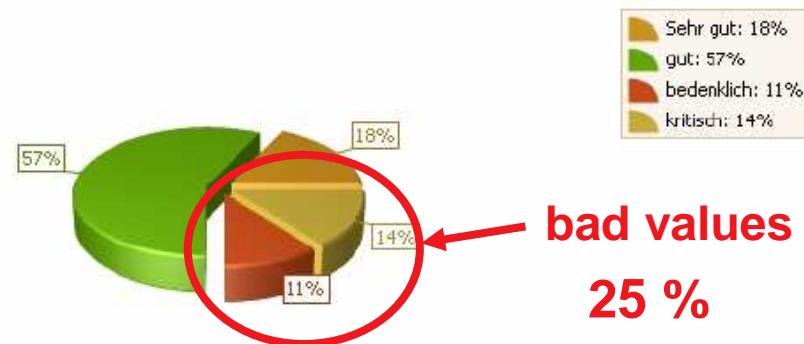
# stresslevel



## young workers

Stresslevel

28 Testpersonen



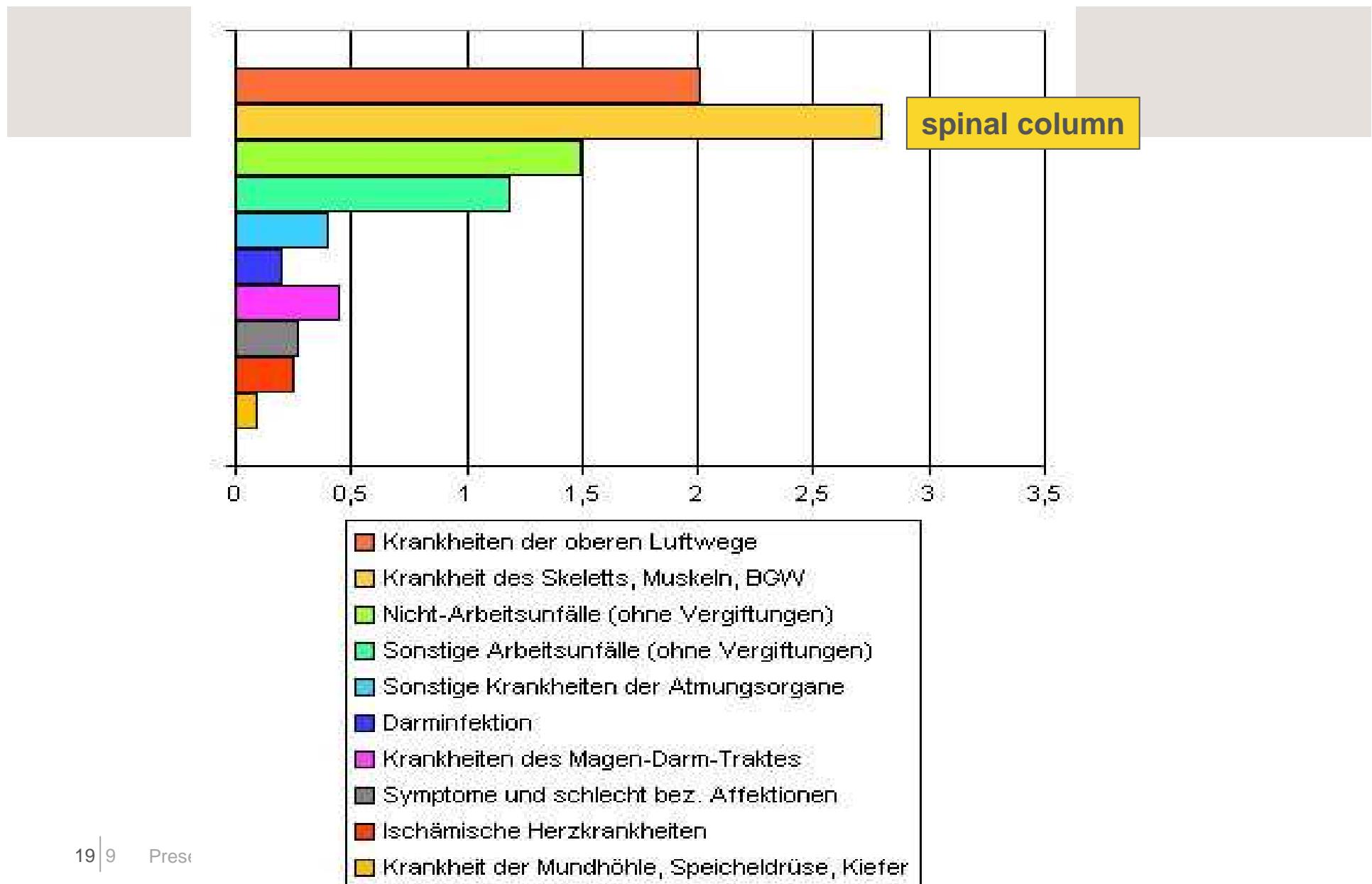
## employees

Stresslevel

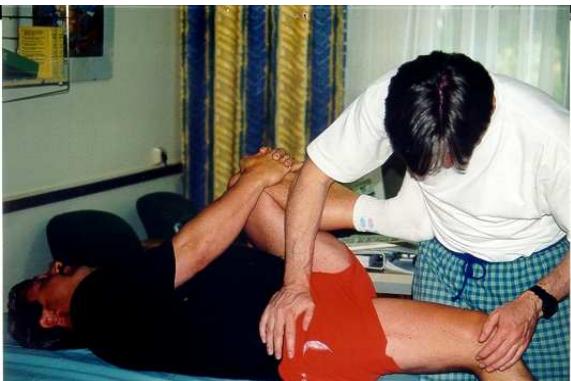
102 Testpersonen



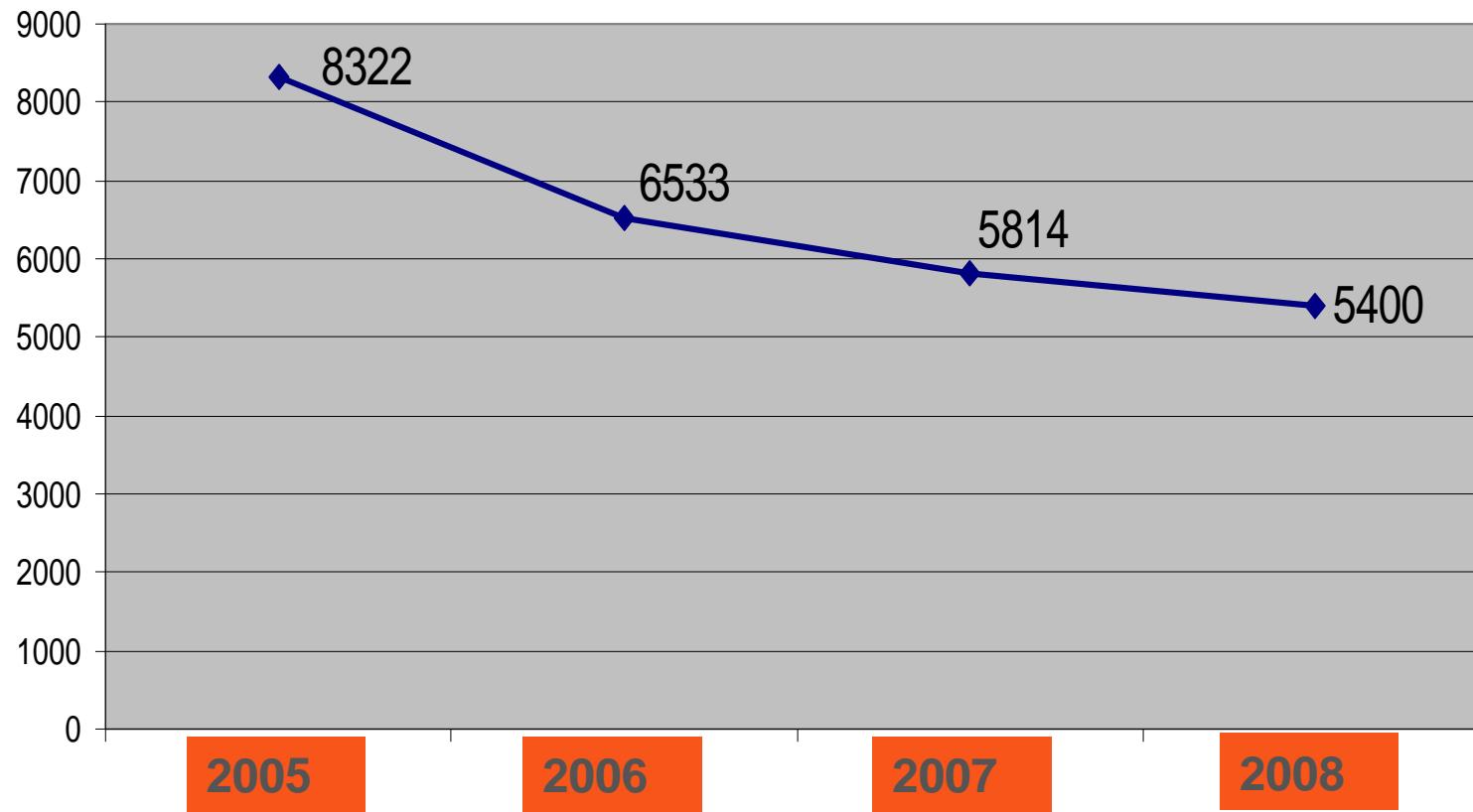
# Statistic of sick persons RHI AG EGIS



# Health spinal column



## absolute Krankenstandstage RHI Konzern Diagnose Wirbelsäule

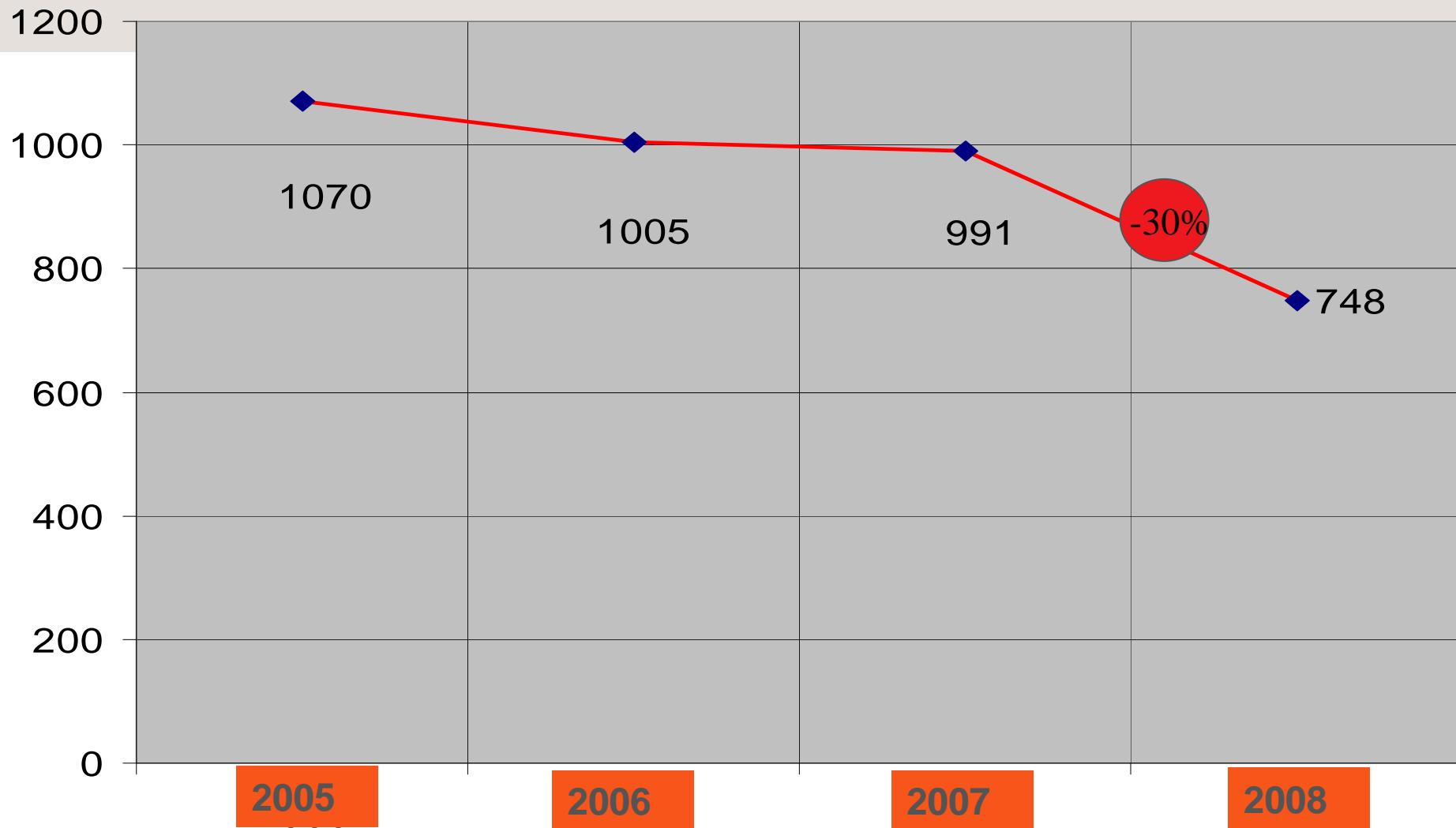


# PROJECT „INFORM“

RHI



## PROJECT „INFORM“



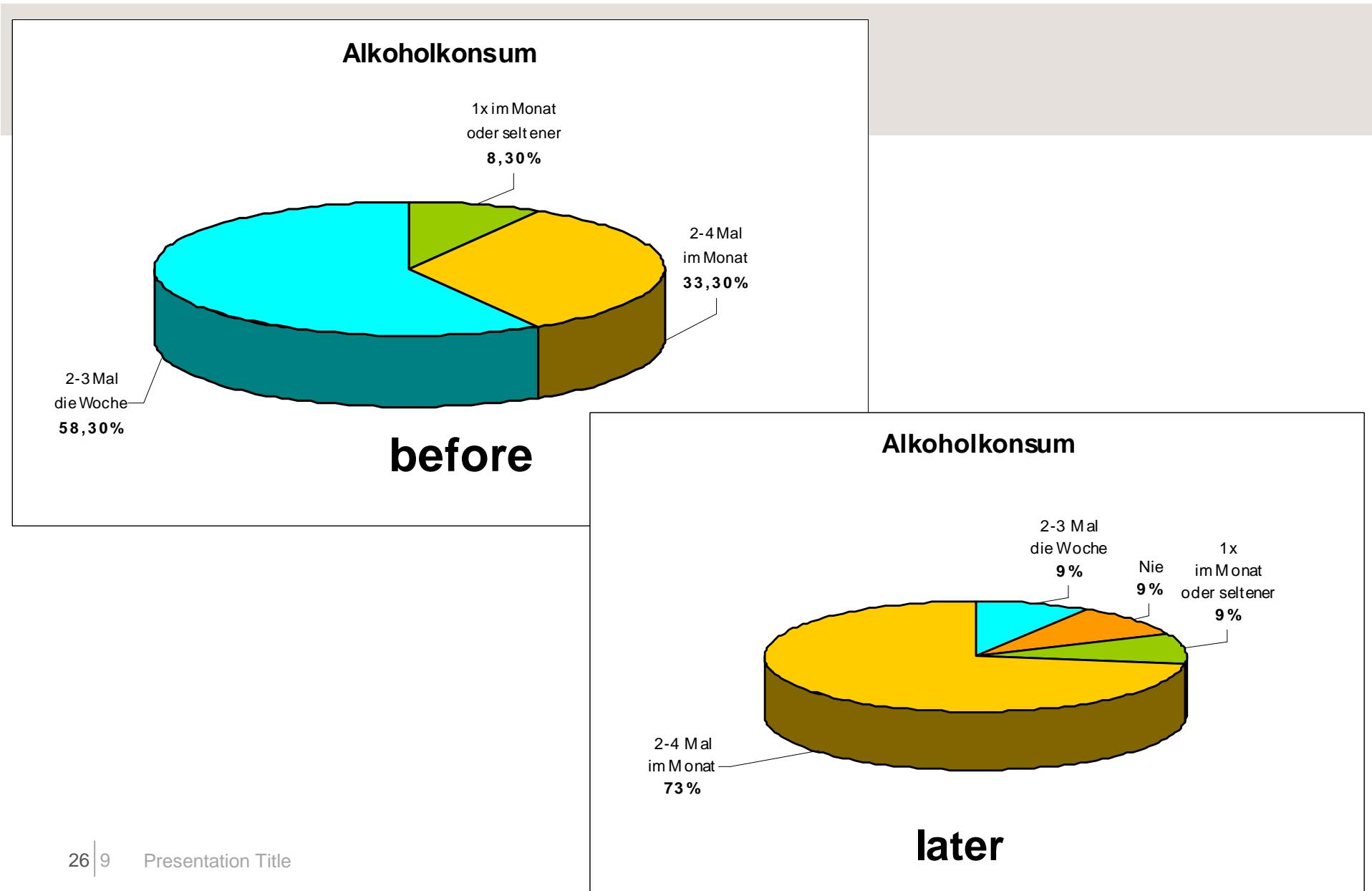
# HONORS



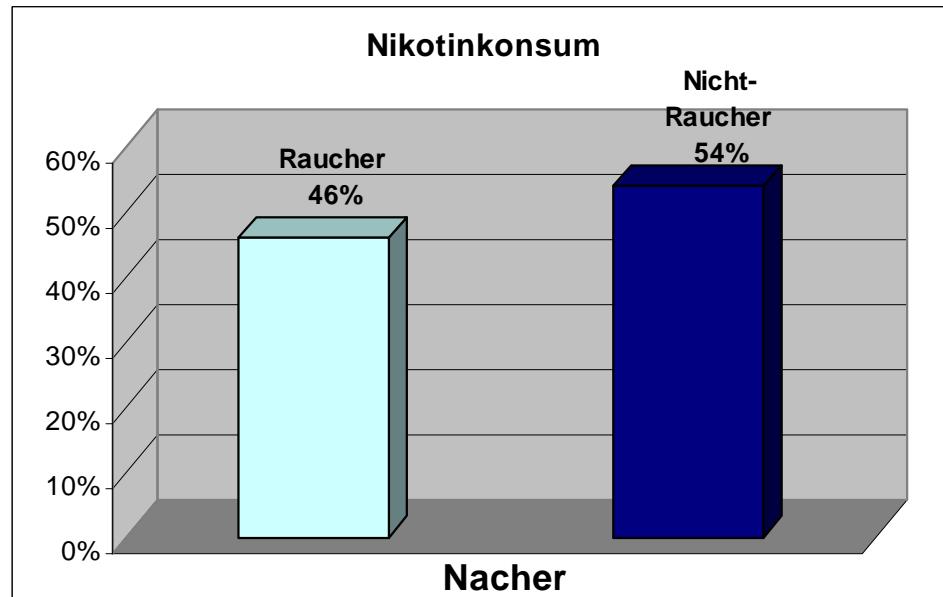
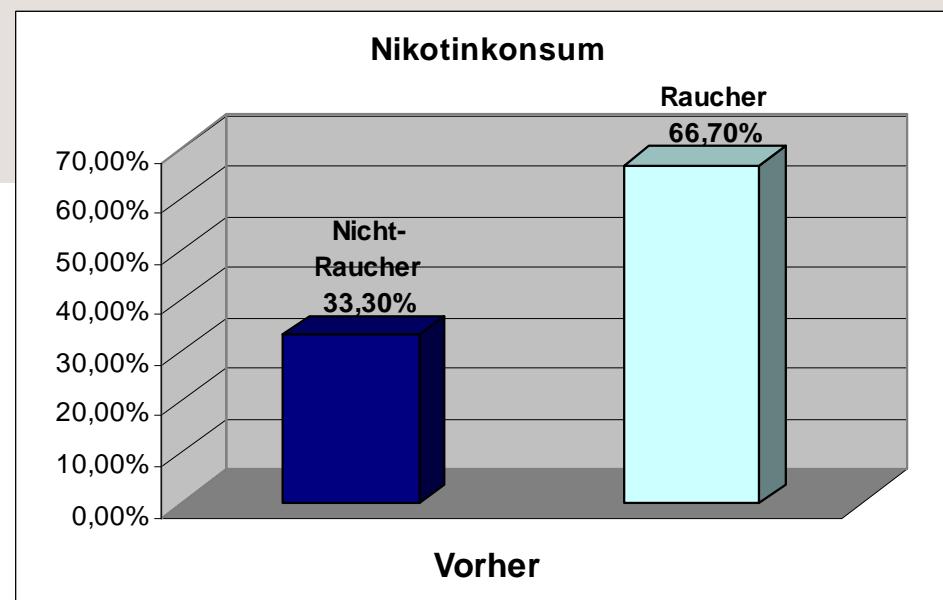
# **YOUNG WORKERS are the future in a sustainable economy in the RHI AG**



# Drugs - prevention

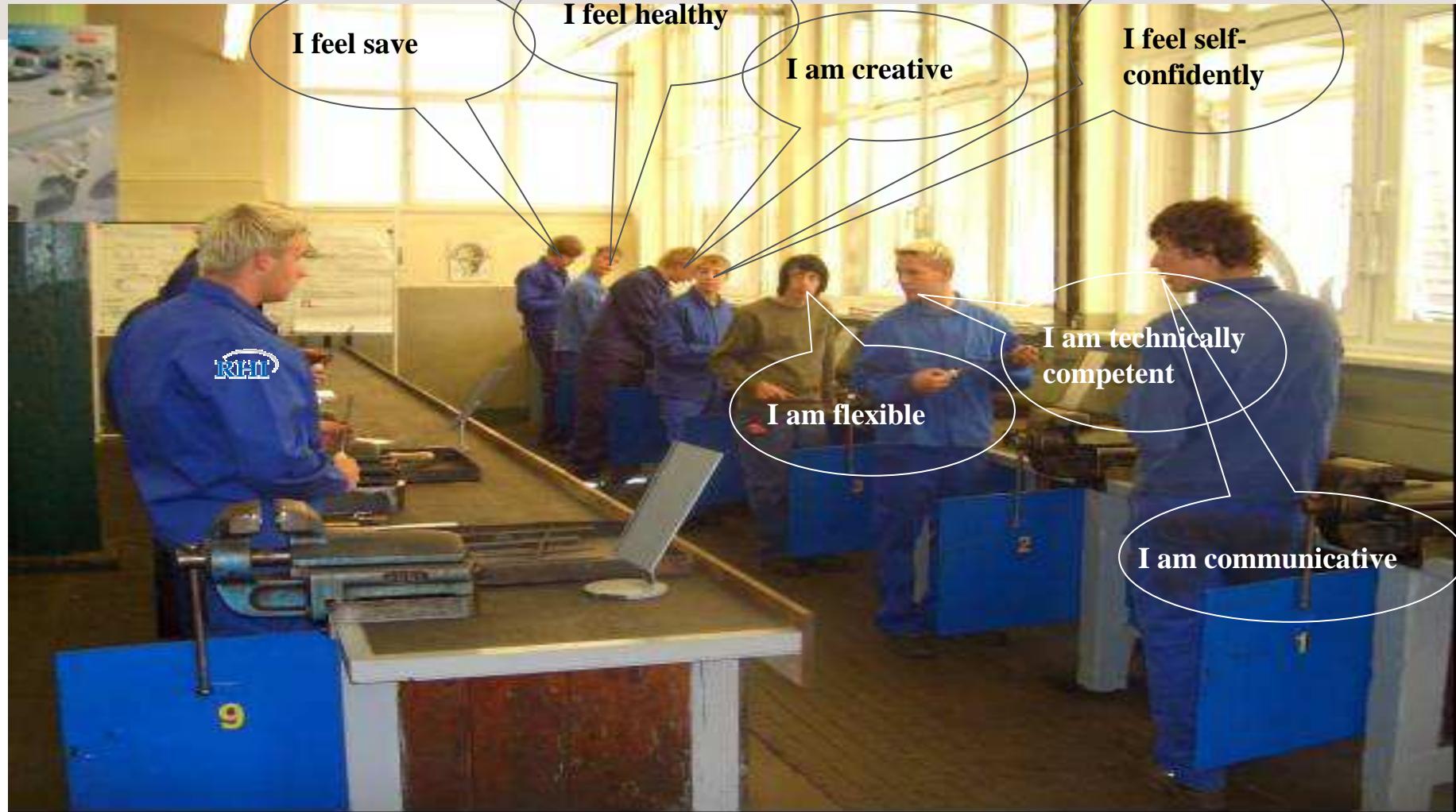


# Pro-Fit Woche Lehrlinge



# PRÄSENTISM

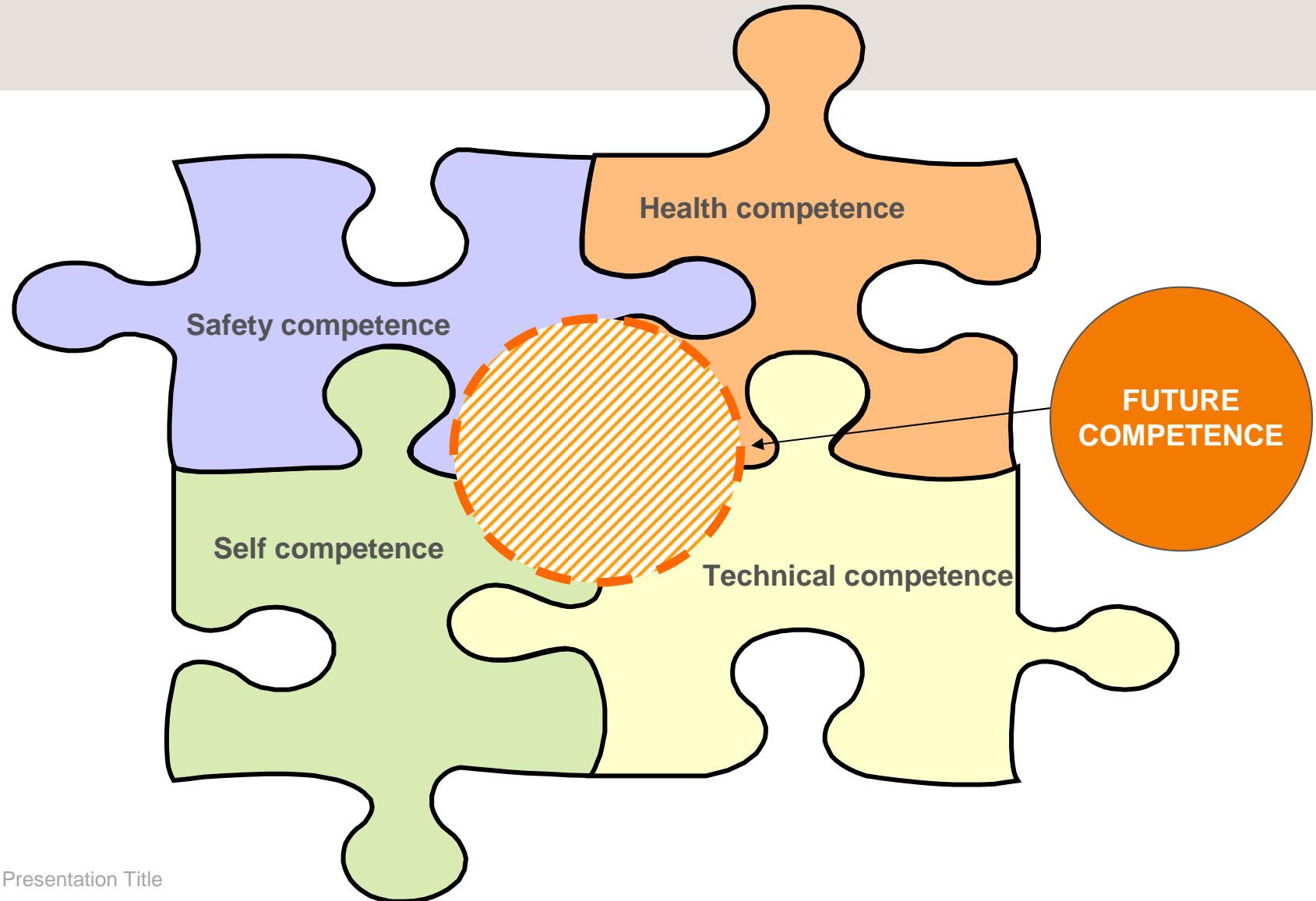
RHI



# FOR FUTURE PROFITABLE



# FOR FUTURE PROFITABLE



# **HEALTH PROMOTION ANSWERS THE FOLLOWING QUESTIONS**



- The leadership behavior has which influence on the Health of the coworkers and/or up the time absent?
- The kind of communication has an influence on that Time absent behavior of the coworkers?
- Which leadership behavior affects time absent?
- Which leadership behavior promotes the presence of everybody?
- There is in enterprises such a thing like disease culture or präsentism culture?
- How has a health culture in the enterprise to look?
- What are the differences between both cultures?

# **HEALTH PROMOTION ANSWERS THE FOLLOWING QUESTIONS**



- How can an existing culture be transformed into a Health culture?
- Structural changes play which role with the rate of sick persons?
- Are there possibilities to go around constructionally with vital fears of the coworkers (and their devastating effects on the health, the work motivation and the work in general)?
- What can an enterprise thereby carry out for its Coworkers?



your attention